

# ST. ALPHONSUS LIGUORI R.C. CHURCH

**FEBRUARY 8, 2026 | 5th SUNDAY in ORDINARY TIME**

## PASTORAL TEAM

**Fr. Simmy Joseph, CMI, Pastor**  
Ext 201 [fr.simmy@stalphonsus.net](mailto:fr.simmy@stalphonsus.net)

**Fr. Richard Opoku Acheampong, C.S.Sp.**  
Associate Pastor  
Ext 202 [fr.richard@stalphonsus.net](mailto:fr.richard@stalphonsus.net)

**Andrew Roelands, Seminarian**  
[andrew@stalphonsus.net](mailto:andrew@stalphonsus.net)

**Hanna Dracup, Administrative Assistant**  
Ext 200 [office@stalphonsus.net](mailto:office@stalphonsus.net)

**Monica Lavoie, Youth Minister**  
Ext 204 [monica@stalphonsus.net](mailto:monica@stalphonsus.net)

**Andrea Manuel, Choir Director**  
705-872-2274 [andrea\\_manuel@bell.net](mailto:andrea_manuel@bell.net)

## DIOCESAN WEBSITE

[www.peterboroughdiocese.org](http://www.peterboroughdiocese.org)  
Most Reverend Bishop Daniel Miehm

## SCHOOLS

St. Alphonsus Elementary 705-742-0594  
St. Catherine Elementary 705-742-6109  
Holy Cross Secondary 705-748-6664



StAlphonsusChurch



@StAlphonsusPtbo

## MASS TIMES

**Saturday**  
4:00PM

**Sunday**  
9:00AM, 11:00AM  
*The 11AM Mass is streamed LIVE on our YouTube channel and available on demand*

**Monday to Thursday 6:00PM**  
(Tuesday evening Mass followed by  
Our Mother of Perpetual Help Novena)

**Friday 9:00AM**

## CONFESSIONS

Tuesdays 5:15 - 5:45PM  
Saturdays 3:00 - 3:45PM  
First Friday 9:30 - 10:30AM (during Adoration)



## OFFICE HOURS

Monday - Thursday  
10AM - 12Noon, 1 - 3PM

## BAPTISMS AND MARRIAGE

Contact the parish office

## EUCCHARISTIC ADORATION

One hour following First Friday Mass in Church

## Blessed Sacrament Chapel

**Open Monday to Friday 9:00AM - 9:00PM**

Call Mary Ellen, 705-917-1637  
to schedule a weekly commitment  
Call Renata, 905-321-3384 for substitute

1066 Western Ave., Peterborough, ON K9J 5W6 Phone 705-745-8623

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## WELCOME TO ST. ALPHONSUS LIGUORI

St. Alphonsus Liguori Parish is a movement that exists to carry out the mission of Jesus Christ, to make disciples of all nations. As Roman Catholics, we seek to honour our faith tradition by authentically and creatively presenting it to our community in Peterborough. We are thrilled you have visited and/or joined us.

### MASS INTENTIONS

#### 3rd Week in Ordinary Time

##### MONDAY, FEBRUARY 9

**6:00PM** † Carl Moher by Ruthie, Courtney and Family

##### TUESDAY, FEBRUARY 10

**6:00PM** † Peter Venneri by Susan and Keith Trotter

##### WEDNESDAY, FEBRUARY 11

**6:00PM** Living and Deceased Members of  
St. Alphonsus Liguori CWL

##### THURSDAY, FEBRUARY 12

**6:00PM** Missa Pro Populo (for the people)

##### FRIDAY, FEBRUARY 13

**9:00AM** Past and Present Members of  
St. Alphonsus SSVF

### WEEKEND MASSES

##### SATURDAY, FEBRUARY 14

**4:00PM** † Phil Chamberlain by Michelle Chamberlain

##### SUNDAY, FEBRUARY 15

**9:00AM** Missa Pro Populo (for the people)

**11:00AM** † Nardo Vizza by Vizza Family

The Sanctuary Candle will be lit continuously from **February 7th to the 13th for the special intentions of Fr. Richard Opoku** requested by the Gospel Reflection.

### BURNING OF THE PALMS

Please bring your palms by **February 15th** and place them in the marked box in the Narthex so they can be burnt Tuesday to be used Ash Wednesday.

You are most welcome to come and watch the short ceremony of the palms being burnt **February 17th, 4pm, by the garage door behind the church.**



### WORLD DAY OF THE SICK

The ministry of Jesus to the sick is central to the life of the Church. **February 11** highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

**February 11th at our regular 6pm Mass, all can receive the Anointing of the Sick for health, comfort and healing.**



### STATIONS OF THE CROSS

**Every Friday evening at 6pm during Lent** you are welcome to come to the church and participate as we pray through the final hours of Christ on His way to Calvary. There will be an opportunity for confessions afterward.

## FAREWELL FR. RICHARD

**Fr. Richard** will be leaving us this Tuesday to just go a few miles away - St. Thomas More Parish in Millbrook. Even though he has only been here 7 months, Fr. Richard has made a lasting impact on the parish with his kindness and humility. Fr. Richard is still close enough to call on for help with occasional Masses so we will be sure to see him again.

### WORDS OF APPRECIATION AND FAREWELL

A few months ago, I was assigned to this parish to support Fr. Simmy Joseph, CMI, in serving you. From the very beginning, you received me with open hearts, supported me generously, and made me feel truly at home during my time of ministry among you.

As I prepare to leave shortly to take up my new appointment as Pastor of St Thomas More Parish in Milbrook On, and St Bernadette's Mission Church in Nestleton On, I do so with deep gratitude. As the saying goes, "Gratitude is the memory of the heart." My months among you have been both enriching and memorable.

I am sincerely grateful to Fr. Simmy, Andrew (Seminarist), the parish staff, and all parishioners of St. Alphonsus Parish for the warmth, support, and collaboration I received during my service as Associate Pastor. I deeply appreciate this wonderful expression of love and kindness. As I begin this new chapter of ministry, I assure you of my continued prayers and humbly ask that you keep me in yours as well.

**Fr. Richard Acheampong Opoku, C.S.Sp**

## ASH WEDNESDAY

February 18th

Mass with Imposition of Ashes  
at St. Alphonsus Liguori

**9:00am**

**10:30am** (at Holy Cross S.S.)

**12:15pm** (with St. Alphonsus School)

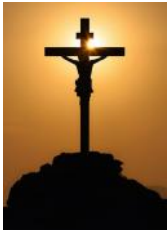
**1:30pm** (liturgy  
at St. Catherine School)

**6:00pm**



### INCOME TAX RECEIPTS

are being prepare this week and will be in the Narthex the next two weekends for pickup. Those not picked up will be mailed the last week of February.



## MEN'S LENTEN RETREAT

**Saturday, March 14 from 9 am to 3pm**  
**St Alphonsus Parish**

The Franciscan Brothers will be our  
 Retreat Masters.

A donation of \$10 includes lunch.

**All men invited.** To attend, please text Tony  
 at 905-933-5764.

## DIVINE MERCY PROGRAM

This **Tuesday, February 10th** you are welcome to come to the church for an hour of Adoration, reciting the Rosary and the Divine Mercy Chaplet. Confession is also available if you wish. These are powerful Catholic devotional "weapons" focused on intercession and meditation, often used together to obtain graces, divine mercy, and protection.

## WORLD YOUTH DAY 2027

We are in the midst of planning for World Youth Day 2027! While details are being worked on, it is expected that a delegation from our diocese will be travelling to **Seoul on July 27th-August 9th, 2027**, so **save the date!**

Any interested pilgrims, individuals or groups, between the ages of 18-35 are invited to contact Fr. Stephen at [FrStephenDecarlo@peterboroughdiocese.org](mailto:FrStephenDecarlo@peterboroughdiocese.org) so that we know who is interested and to have an information session in the near future.



## CAMP NORTHERN LIGHTS

**Special collection February 21/22.** CNL envelopes are available at the doors.

Your camp donation will be added to your Parish tax receipt. Please be sure to print your name and address clearly on the special envelopes provided. **All cheques should be made payable to the church with 'Camp Northern Lights' on the memo line.** The camp website is [www.campnorthernlights.com](http://www.campnorthernlights.com). Thank you for all your continued support.

## REGULATIONS ON FASTING & ABSTINENCE

**FASTING** is to be observed on **Ash Wednesday** and **Good Friday** by all Catholics between the ages of **18 and 59 years (inclusive)**. All Fridays of Lent (including Good Friday) are also days of abstinence from meat. On a fast day one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

**ABSTINENCE** is observed by all who are **14 years of age and older**. On days of abstinence, no meat is permitted. Fasting, almsgiving and prayer are the three traditional disciplines of Lent (also known as pillars). The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

**NOTE:** If a person is unable to observe these regulations due to ill health, they are urged to practice other forms of self denial that are suitable to their condition.

## MEETINGS/GATHERINGS

**Senior's Faith Cafe:** 1st Tuesday of month, 10am Church

**SVDP:** 2nd Tuesday of month, 2pm Redemptorist Room

**Divine Mercy Program:** 3rd Tuesday, 2:30pm, Church

**Catalyst:** Highschoolers, Every Tuesday, 6-9pm Downstairs

**CWL:** 2nd Wednesday of month, 6:45pm, Parish Hall

**K of C:** 3rd Wednesday of month 7pm, Parish Hall

**Moms,Love,Coffee** playgroup: 9:30am

every Thursday, Parish Hall

**Adoration:** 1st Friday of month, 9:30am Church (1 hour)

**SONShine Family Adoration:** 3rd Friday, 9:30am, Church

**Gospel Reflection:** 9:30am every Friday (except 1st one)

**CLUB 316:** Gr. 6-8, Every Friday, 6-9pm Downstairs



## CATHOLIC NETFLIX !!

Forming Catholics for Life- lots of Lenten resources for all ages

Parishioners get **FREE** 24/7 access to **FORMED** —a library of Catholic videos, Bible studies, and audio talks. *Sign up today and deepen your faith!*

Go to [formed.org](http://formed.org) and search St. Alphonsus Liguori.

Sign up with your email and you are registered.

## ST. PAUL'S

### Annual Valentine's Italian Night & Karaoke

**St. Paul the Apostle Parish Hall** (4 Reid St., Lakefield)

Enjoy a spaghetti dinner and come sing your heart out!

**Friday, February 13**, doors open 5:30pm, dinner 6pm

Adults \$20, Youth \$10, Under 10 free.

## VERITAS SUMMER PROGRAM

Registration for this program at **Our Lady Seat of Wisdom** is now open. The summer program is a great, low commitment way for high school students to experience all that Our Lady Seat of Wisdom has to offer. Throughout the program, attendees will attend faculty-led lectures and seminars, explore the beautiful Madawaska Valley, and live in our student residences which will be chaperoned by current students who are serving as counsellors. There are daily opportunities for Mass, Adoration, and communal Compline, as well.

Those who attend the summer program and later come to the College as a full-time student will receive a tuition benefit of equal value to the registration fee.

For those interested, more information can be found at:

<https://www.seatofwisdom.ca/veritas-summer-program/>

**LA VERNA MINISTRIES** 820 Frank St.,

[laverna@capuchins.ca](mailto:laverna@capuchins.ca) [facebook.com/Capuchins.ca](https://facebook.com/Capuchins.ca)

705-243-9131 Contact them for programs/activities.

## END OF LIFE SEMINAR—FINAL PLANS:

Final evening at Immaculate Conception Church

• **Feb. 11th – Sean Dunlop**, Diocese of Peterborough Diaconate program on Estate Planning and Finance

**7:00 to 8:00 pm**, with light refreshments served at 6:45 p.m. Admission is free.





# THANK YOU FOR HELPING TO KEEP YOUR PARISH THRIVING! Ways to give:

- **Pre-authorized giving** - forms available on the website or in the parish office
- **E-transfer** - to [office@stalphonsus.net](mailto:office@stalphonsus.net). Please put what funds are for in comment section. No security question
- **Giving online** - give a one-time or scheduled ongoing donations using your credit/debit card. Go to <https://www.canadahelps.org/en/dn/36768>
- **Offertory envelopes** - for a box of traditional envelopes, please contact the office or pick up a box in the Narthex. Make sure to put your name and address on the first few.

**“A humble soul does not trust itself, but places all its confidence in God.” St. Faustina**



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