

# ST. ALPHONSUS LIGUORI R.C. CHURCH

FEBRUARY 22, 2026 | 1st SUNDAY OF LENT



## PASTORAL TEAM

**Fr. Simmy Joseph, CMI, Pastor**  
Ext 201 [fr.simmy@stalphonsus.net](mailto:fr.simmy@stalphonsus.net)

**Andrew Roelands, Seminarian**  
[andrew@stalphonsus.net](mailto:andrew@stalphonsus.net)

**Hanna Dracup, Administrative Assistant**  
Ext 200 [office@stalphonsus.net](mailto:office@stalphonsus.net)

**Monica Lavoie, Youth Minister**  
Ext 204 [monica@stalphonsus.net](mailto:monica@stalphonsus.net)

**Andrea Manuel, Choir Director**  
705-872-2274 [andrea\\_manuel@bell.net](mailto:andrea_manuel@bell.net)

## DIOCESAN WEBSITE

[www.peterboroughdiocese.org](http://www.peterboroughdiocese.org)  
Most Reverend Bishop Daniel Miehm

## SCHOOLS

St. Alphonsus Elementary 705-742-0594  
St. Catherine Elementary 705-742-6109  
Holy Cross Secondary 705-748-6664



StAlphonsusChurch



@StAlphonsusPtbo

## MASS TIMES

**Saturday**  
4:00PM

**Sunday**  
9:00AM, 11:00AM

*The 11AM Mass is streamed LIVE on our YouTube channel and available on demand*

**Monday to Thursday 6:00PM**  
(Tuesday evening Mass followed by Our Mother of Perpetual Help Novena)

**Friday 9:00AM**

## CONFESSIONS

Tuesdays 5:15 - 5:45PM

Saturdays 3:00 - 3:45PM

First Friday 9:30 - 10:30AM (during Adoration)

## OFFICE HOURS

Monday - Thursday

10AM - 12Noon, 1 - 3PM

## BAPTISMS AND MARRIAGE

Contact the parish office

## EUCCHARISTIC ADORATION

One hour following First Friday Mass in Church

**Blessed Sacrament Chapel**

**Open Monday to Friday 9:00AM - 9:00PM**

Call Mary Ellen, 705-917-1637

to schedule a weekly commitment

Call Renata, 905-321-3384 for substitute

1066 Western Ave., Peterborough, ON K9J 5W6 Phone 705-745-8623

Website: [www.stalphonsus.net](http://www.stalphonsus.net) | Email: [office@stalphonsus.net](mailto:office@stalphonsus.net)

# WELCOME TO ST. ALPHONSUS LIGUORI

St. Alphonsus Liguori Parish is a movement that exists to carry out the mission of Jesus Christ, to make disciples of all nations. As Roman Catholics, we seek to honour our faith tradition by authentically and creatively presenting it to our community in Peterborough. We are thrilled you have visited and/or joined us.

## MASS INTENTIONS

### 1st Week of Lent

#### MONDAY, FEBRUARY 23

6:00PM † Doug Seabrook by St. Alphonsus K of C 11086

#### TUESDAY, FEBRUARY 24

6:00PM Missa Pro Populo (for the people)

#### WEDNESDAY, FEBRUARY 25

6:00PM † Linda Durini by Ruthie Moher and Family

#### THURSDAY, FEBRUARY 26

6:00PM † Sr. Barbara Fiand by Clark Methot

#### FRIDAY, FEBRUARY 27

9:00AM † Carl Moher by Ruthie, Courtney and Family

### WEEKEND MASSES

#### SATURDAY, FEBRUARY 28

4:00PM † Joe Ulmer by Deirdre Thomas and Doug Finbow

#### SUNDAY, MARCH 1

9:00AM Missa Pro Populo (for the people)

11:00AM † Ruben John Mendoza by Justo, Mom and Dad

For a donation of \$20, you can have the **Sanctuary Candle** lit in memory of a loved one or to intentions of someone who is sick, a birthday or anniversary. Please contact Hanna.

## PASCHAL CANDLE

Would you like to help pay for our new paschal candle which will be lit for the first time at the Easter Vigil?

This year we are getting the St. Benedictine Paschal Candle.

It is lit for all baptisms and funerals and special Masses throughout the year. The cost for our new candle is \$351.43. Thank you.



## INCOME TAX RECEIPTS

are ready to pick up in the Narthex this weekend at Masses. Those not picked up will be mailed by the end of February. Your parish is grateful for all contributions made through loose anonymous donations, offertory envelopes, pre-authorized giving, e-transfers and credit cards (Canada Helps). Thank you.

*When you pray for others, God listens to you and blesses them; and sometimes, when you are safe and happy, remember that someone has prayed for you.*



## STATIONS OF THE CROSS

**Every Friday evening at 6pm during Lent** you are welcome to come to the church and participate as we pray through the final hours of Christ on His way to Calvary.

There will be an opportunity for confessions afterward. This week will be led by our Youth.

## SEASON of LENT

Lent has two major purposes: It recalls or prepares for Baptism, and emphasizes a spirit of penance. Through forty days of closer attention to God's Word and of more fervent prayer, believers are prepared to celebrate the paschal Mystery.



## THREE PILLARS of LENT

**P**RAY Lent is about deepening our relationship with God. It's a time to increase our prayer life, perhaps by attending Mass more frequently, spending time in adoration, or incorporating daily readings and reflections, or just saying an extra Our Father or Hail Mary.

**F**AST It's not just about giving up chocolate or social media; it's a form of self-discipline that frees us from attachment to material things and reminds us of the suffering of Christ. It also makes us more attuned to the needs of others.

**G**IVE It's not just about financial donations. It's an invitation to share our time, talents, and treasure with those less fortunate. It's a practical expression of our faith and an act of love towards our neighbours.

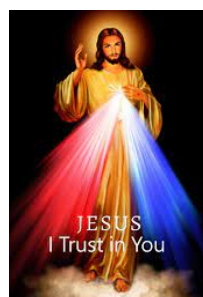
## RCIA PROGRAM

Please pray for our 7 candidates who are preparing to be fully received into the Catholic faith this Easter. They have been working hard and are a wonderful group. Please also pray for their facilitators and sponsors who are guiding them.

## DIVINE MERCY & the BLESSED SACRAMENT

*"I desire that Adoration take place for the intention of imploring Mercy for the world,"* words of Jesus to Saint Mary Faustina of the Blessed Sacrament.

St. Alphonsus Liguori Parish is blessed to have a beautiful little chapel or Oratory where you can come to pray or just sit quietly with our Lord for as long as you like. It's amazing to see all the people coming - just for a few minutes on the way to work, for an hour or for a couple of hours. It is such a peaceful place. It has a key code to get in - just ring the office doorbell to get the code.



***A perfect place to pray the Divine Mercy Chaplet.***



**Special collection this week-end.** Envelopes are available in the pews. Please help underprivileged local children have a real camping experience.

Your camp donation will be added to your Parish tax receipt. Please be sure to print your name and address clearly on the special envelopes provided. **All cheques should be made payable to the church with 'Camp Northern Lights' on the memo line.** The camp website is [www.campnorthernlights.com](http://www.campnorthernlights.com). Thank you for all your continued support.

**35th ANNUAL LIFT JESUS HIGHER RALLY**

**Metro Toronto Convention Center, March 14th**, one day. Holy Mass, Eucharistic Adoration, Confession, Inspiring Speakers, Spirit-Led Worship and much more! For all rally details, including youth and adult speakers, schedule, vendor information, conference T-shirt, FAQs, and more, go to: <https://ljhr.ca/>

**ALPHA SEMINAR**

**Every 1st and 3rd Friday beginning Feb. 20th, 6:30pm, St. Alphonsus Liguori Parish Hall Basement**  
Contact Michael and Malou Belmes (705-977-7006)



**One With God Community Peterborough Chapter** will facilitate this event. There will be Food (dinner is to be served), Talk, and Discussion. Scan the QR code to register.

**DEVELOPMENT and PEACE**

**Saturday, February 28th, 11 AM - 3 PM**  
**Mount St. Joseph** (1555 Monaghan Rd.)  
D&P Peterborough DIOCESAN General Meeting  
- IN PERSON, *PLEASE PLAN TO ATTEND.*  
Bring your own lunch and water. Tea, coffee, juice provided.



**SITES TO JOURNEY THROUGH LENT**

Sign up for weekly Lenten practices  
<https://daily.formed.org/lent>  
<https://amenapp.org/ref/lent2024>  
<https://www.cccb.ca/lent/>

**WORLD YOUTH DAY 2027**

We are in the midst of planning for World Youth Day 2027! While details are being worked on, it is expected that a delegation from our diocese will be travelling to **Seoul on July 27th-August 9th, 2027**, so **save the date!**

Any interested pilgrims, individuals or groups, between the ages of 18-35 are invited to contact Fr. Stephen: [FrStephenDecarlo@peterboroughdiocese.org](mailto:FrStephenDecarlo@peterboroughdiocese.org) so that we know who is interested and for an info session in the near future.



**POPE'S PRAYER INTENTION:**

**For children with incurable diseases** ~ Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**MEETINGS/GATHERINGS**

- Senior's Faith Cafe:** 1st Tuesday of month, 10am Church
- SVDP:** 2nd Tuesday of month, 2pm Redemptorist Room
- Divine Mercy Program:** 3rd Tuesday, 2:30pm, Church
- Catalyst:** Highschoolers, Every Tuesday, 6-9pm Downstairs
- CWL:** 2nd Wednesday of month, 6:45pm, Parish Hall
- K of C:** 3rd Wednesday of month 7pm, Parish Hall
- Moms,Love,Coffee** playgroup: 9:30am every Thursday, Parish Hall
- Adoration:** 1st Friday of month, 9:30am Church (1 hour)
- SONShine Family Adoration:** 3rd Friday, 9:30am, Church
- Gospel Reflection:** 9:30am every Friday (except 1st one)
- CLUB 316:** Gr. 6-8, Every Friday, 6-9pm Parish Hall

**formed CATHOLIC NETFLIX !!**

Forming Catholics for *Life* - lots of Lenten resources for all ages  
Parishioners get **FREE** 24/7 access to **FORMED** - a library of Catholic videos, Bible studies, and audio talks. *Sign up today and deepen your faith!*  
Go to [formed.org](http://formed.org) and search St. Alphonsus Liguori. Sign up with your email and you are registered.

**CHURCH LEAGUE SOFTBALL**

Do your children like playing church league softball?  
It is a great, inexpensive sport which has been around for many years. Unfortunately, the league may be in jeopardy. The volunteers who run the league are all aging and have looked after it for many years. We need some new young blood to keep the league going - convenors, coaches, looking after equipment... If you are a parent with a child playing, why not consider helping out in some way? Please contact Diane D'Alessandro for more info at [dianeldalessandro@gmail.com](mailto:dianeldalessandro@gmail.com). Your children thank you!  
*Please watch for sign-up dates to play.*



**Peterborough Canadian Irish Club**

**ST. PATRICK'S DAY CELEBRATION**

**Sat., March 7th - St. Joseph's Parish Hall, Douro**  
1 - 6pm Irish music and family entertainment  
1 - 3pm Kid's craft table  
3 - 5pm Chili, stew, soup to purchase (cash)  
Tickets: \$15/member; \$20/non-member  
\$25/family member; \$30/family non-member (2 adults + kids; under 12 free) cash bar, door prizes  
Call Shelley (705) 875-5437 or Linda (905) 690-2934

**LA VERNA MINISTRIES** 820 Frank St., [laverna@capuchins.ca](mailto:laverna@capuchins.ca) [facebook.com/Capuchins.ca](https://facebook.com/Capuchins.ca)  
705-243-9131 Contact them for programs/activities.

*"Do you wish your prayer to fly toward God?  
Make for it two wings: fasting and almsgiving."  
- Saint Augustine*

**THANK YOU FOR HELPING TO KEEP YOUR PARISH THRIVING! Ways to give:**

- **Pre-authorized giving** - forms available on the website or in the parish office
- **E-transfer** - to [office@stalphonusus.net](mailto:office@stalphonusus.net). Please put what funds are for in comment section. No security question
- **Giving online** - give a one-time or scheduled ongoing donations using your credit/debit card. Go to <https://www.canadahelps.org/en/dn/36768>
- **Offertory envelopes** - for a box of traditional envelopes, please contact the office or pick up a box in the Narthex. Make sure to put your name and address on the first few.

**“A humble soul does not trust itself, but places all its confidence in God.” St. Faustina**



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