

# ST. ALPHONSUS LIGUORI R.C. CHURCH

FEBRUARY 1, 2026 | 4th SUNDAY in ORDINARY TIME

## PASTORAL TEAM

**Fr. Simmy Joseph, CMI**, Pastor  
Ext 201 [fr.simmy@stalphonsus.net](mailto:fr.simmy@stalphonsus.net)

**Fr. Richard Opoku Acheampong, C.S.Sp.**  
Associate Pastor  
Ext 202 [fr.richard@stalphonsus.net](mailto:fr.richard@stalphonsus.net)

**Andrew Roelands**, Seminarian  
[andrew@stalphonsus.net](mailto:andrew@stalphonsus.net)

**Hanna Dracup**, Administrative Assistant  
Ext 200 [office@stalphonsus.net](mailto:office@stalphonsus.net)

**Monica Lavoie**, Youth Minister  
Ext 204 [monica@stalphonsus.net](mailto:monica@stalphonsus.net)

**Andrea Manuel**, Choir Director  
705-872-2274 [andrea\\_manuel@bell.net](mailto:andrea_manuel@bell.net)

## DIOCESAN WEBSITE

[www.peterboroughdiocese.org](http://www.peterboroughdiocese.org)  
Most Reverend Bishop Daniel Miehm

## SCHOOLS

St. Alphonsus Elementary 705-742-0594  
St. Catherine Elementary 705-742-6109  
Holy Cross Secondary 705-748-6664



StAlphonsusChurch



@StAlphonsusPtbo

## MASS TIMES

**Saturday**  
4:00PM

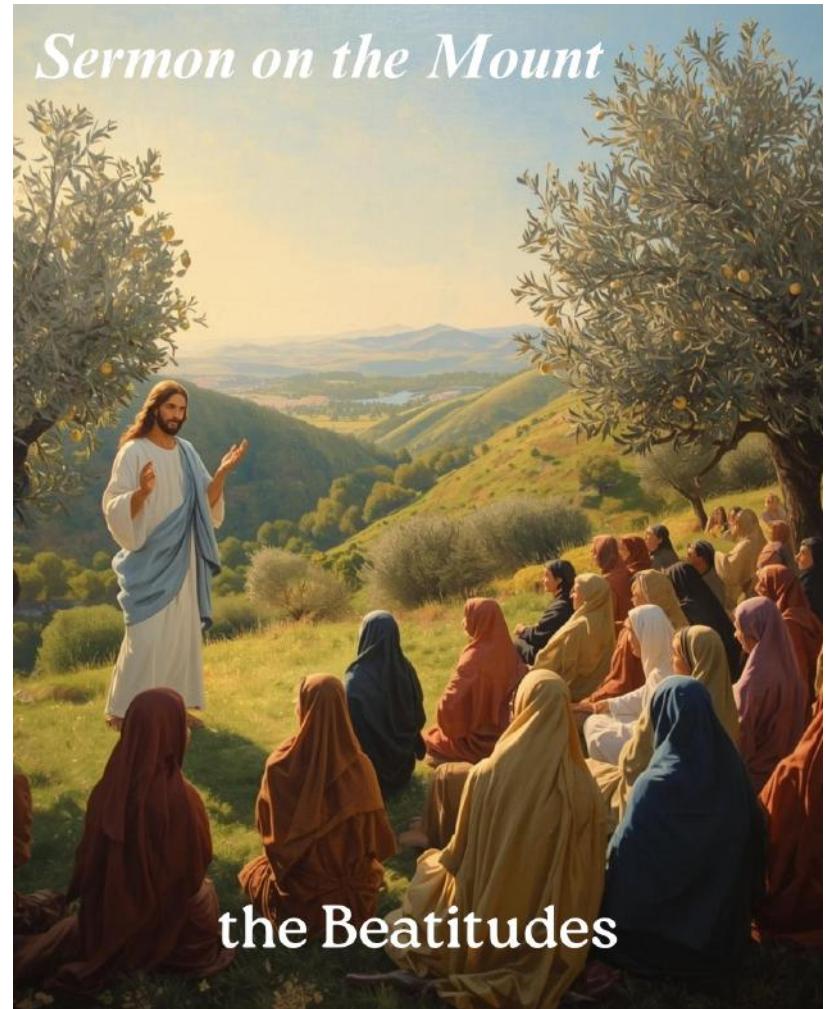
**Sunday**  
9:00AM, 11:00AM  
*The 11AM Mass is streamed LIVE on our YouTube channel and available on demand*

**Monday to Thursday** 6:00PM  
(Tuesday evening Mass followed by Our Mother of Perpetual Help Novena)

**Friday** 9:00AM

## CONFESIONS

Tuesdays 5:15 - 5:45PM  
Saturdays 3:00 - 3:45PM  
First Friday 9:30 - 10:30AM (during Adoration)



## OFFICE HOURS

Monday - Thursday  
10AM - 12Noon, 1 - 3PM

**BAPTISMS AND MARRIAGE**  
Contact the parish office

## EUCARISTIC ADORATION

One hour following First Friday Mass in Church

## Blessed Sacrament Chapel

**Open Monday to Friday 9:00AM - 9:00PM**  
Call Mary Ellen, 705-917-1637  
to schedule a weekly commitment  
Call Renata, 905-321-3384 for substitute

# WELCOME TO ST. ALPHONSUS LIGUORI

St. Alphonsus Liguori Parish is a movement that exists to carry out the mission of Jesus Christ, to make disciples of all nations. As Roman Catholics, we seek to honour our faith tradition by authentically and creatively presenting it to our community in Peterborough. We are thrilled you have visited and/or joined us.

## MASS INTENTIONS

### 3rd Week in Ordinary Time

#### MONDAY, FEBRUARY 2

6:00PM Special Intentions of Society of Saint Vincent de Paul by June Kozlow

#### TUESDAY, FEBRUARY 3 World Day for Consecrated Life

6:00PM <sup>†</sup> Doug Seabrook by Neil and Anne-Marie Robertson

#### WEDNESDAY, FEBRUARY 4

6:00PM <sup>†</sup> Doug Seabrook and Carl Moher by Ruthie Moher and Family

#### THURSDAY, FEBRUARY 5

6:00PM <sup>†</sup> Linda Durini and Carl Moher by Ruthie Moher and Family

#### FRIDAY, FEBRUARY 6

9:00AM <sup>†</sup> Theresa Hayduk by Rosa Cutrone

## WEEKEND MASSES

#### SATURDAY, FEBRUARY 7

4:00PM <sup>†</sup> Halina Zynwala by Michelle Chamberlain

#### SUNDAY, FEBRUARY 8

9:00AM Missa Pro Populo (for the people)

11:00AM <sup>†</sup> Ruben John Mendoza by Justo, Mom and Dad

<sup>†</sup> Carol Ann Thompson by Voytek and Zofia Orzechowski

## DEDICATION of the SANCTUARY CANDLE



The red Sanctuary Candle by the tabernacle burns day and night to remind us of the sacramental presence of Jesus Christ.

Would you like to have it burning in memory of a loved one, to honour a special occasion, or for someone's special intention?

Please contact the Parish Office. For \$20 the candle will burn for one week, Saturday to Friday and the name(s) will also be published here in the bulletin.

## BURNING OF THE PALMS

Ash Wednesday is in two and a half weeks-**February 18th**. Ashes that are used to mark the beginning of Lent come from the palm branches that were blessed and distributed Palm Sunday last year. Please bring your palms by **February 15th** and place them in the marked box in the Narthex so they can be burnt the Tuesday before Ash Wednesday.

You are most welcome to come and **watch!**



# Seniors' FAITH CAFE

This Tuesday, February 3rd.

We will have **Fr. Tom Lynch** coming to speak on the Catholic perspective of **M.A.I.D.-Medical Assistance in Dying**. Fr. Tom is a Moral Theologian and speaks to many groups on this topic. For lunch, **Royal Gardens** has offered to bring us a beautiful meal once again. Don't miss out! Let Hanna know if you are coming as Royal Gardens wants to make sure they have enough food. See you at 10am for Mass first!

## ASH WEDNESDAY

February 18th

Mass with Imposition of Ashes  
at St. Alphonsus Liguori



9:00am

10:30am (at Holy Cross S.S.)

12:15pm (with St. Alphonsus School)

1:30pm (at St. Catherine School)

6:00pm

## CAMP NORTHERN LIGHTS

The Camp provides a wilderness camping experience for children aged 9 - 13 from local areas as well as a leadership experience for high school students as volunteer counsellors. The Camp has to do a couple of major renovations this year (new swimming docks and storage sheds) so any support to help with these projects as well as sending children, would be greatly appreciated. A **special collection** will be held on the weekend of **February 21/22**. Special envelopes are available at the doors.

Your camp donation will be added to your Parish tax receipt. Please be sure to print your name and address clearly on the special envelopes provided. **All cheques should be made payable to the church with 'Camp Northern Lights' on the memo line.**

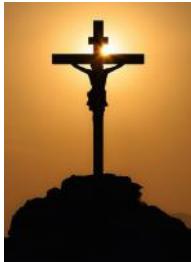
For more information please call Tyler McDougall, Director, at 647-972-2731 or Randy Riel, Treasurer, 705-872-7343.

The camp website is [www.campnorthernlights.com](http://www.campnorthernlights.com). Thank you for all your continued support.



## STATIONS OF THE CROSS

**Every Friday evening at 6pm during Lent** you are welcome to come to the church and participate as we pray through the final hours of Christ on His way to Calvary. There will be an opportunity for confessions afterward.



## MEN'S LENTEN RETREAT

**Saturday, March 14 from 9 am to 3pm**

### **St Alphonsus Parish**

The Franciscan Brothers will be our  
Retreat Masters.

A donation of \$10 includes lunch.

**All men invited.** To attend, please text  
Tony at 905-933-5764.

## LA VERNA MINISTRIES 820 Frank St.,

[laverna@capuchins.ca](mailto:laverna@capuchins.ca) [facebook.com/Capuchins.ca](http://facebook.com/Capuchins.ca)

705-243-9131 Contact them for programs/activities.

## LA VERA SPECIAL JUBILEE: Celebrating the 800th Year of the death of St. Francis

His Holiness Pope Leo XIV has decreed that, from January 10, 2026 to January 10, 2027, this year of St. Francis will be celebrated, during which all the Christian faithful are invited to follow the example of the Saint of Assisi, becoming models of holiness of life and constant witnesses of peace. The Apostolic Penitentiary grants the plenary indulgence under the usual conditions to those who participate devoutly in this extraordinary jubilee, which represents an ideal continuation of the Ordinary Jubilee of 2025.

## NATIONAL CATHOLIC HEALTH CARE WEEK FEB. 1-7

This year's theme **Open Hearts, Healing, Hope** reflects the profound belief that healing is communal. It emphasizes the ways in which we are bound together by our shared humanity, and how compassion, justice, and solidarity guide our work to serve and care for all people. Inspired by Catholic social teaching, the theme invites us to reflect on how our daily actions, decisions, and relationships contribute to a health system and a society where everyone belongs.

## TRIUMPH OF THE HEART



The story of Maximilian Kolbe, the Saint of Auschwitz. St. Maximilian Kolbe was a priest, a writer, and a Catholic friar. During WWII, he was arrested and sent to Auschwitz for his vocal opposition to the ideologies of the day. He watched as 10 men were condemned to die in the starvation bunker - a brutal death sentence.

When one man cried out, "My wife, my children!" Kolbe stepped forward and offered his own life in exchange.

Visit [www.triumphoftheheart.com](http://www.triumphoftheheart.com) to view the trailer and find out how to stream or get the DVD.

## 35th ANNUAL LIFT JESUS HIGHER RALLY

**Metro Toronto Convention Center, March 14th**, one day. Holy Mass, Eucharistic Adoration, Confession, Inspiring Speakers, Spirit-Led Worship and much more! For all rally details, including youth and adult rally speakers, schedule, vendor information, conference T-shirt, FAQs, and more, go to: <https://lighr.ca/>

## MEETINGS/GATHERINGS

**Senior's Faith Cafe:** 1st Tuesday of month, 10am Church

**SVDP:** 2nd Tuesday of month, 2pm Redemptorist Room

**Divine Mercy Program:** 3rd Tuesday, 2:30pm, Church

**Catalyst:** Highschoolers, Every Tuesday, 6-9pm Downstairs

**CWL:** 2nd Wednesday of month, 6:45pm, Parish Hall

**K of C:** 3rd Wednesday of month 7pm, Parish Hall

**Moms,Love,Coffee** playgroup: 9:30am

every Thursday, Parish Hall

**Adoration:** 1st Friday of month, 9:30am Church (1 hour)

**SONShine Family Adoration:** 3rd Friday, 9:30am, Church

**Gospel Reflection:** 9:30am every Friday (except 1st one)

**CLUB 316:** Gr. 6-8, Every Friday, 6-9pm Downstairs

## MUSICAL LEGENDS

Ian Roy performs **Hits Of The Legends from the 50's, 60's and 70's**. Elvis, country, Roy Orbison & more. **Friday, February 13th, 7-9PM in St. Anne's Parish Hall.** Tickets are available for only \$10.00 and can be purchased from Mike Condon @ 705-745 0356, Dan Lavigne @ 705 745 9941 or from the parish office @ 705 745-3229.

## Marriage Tip #155

Gratitude has proven to be one way that we can feel more joy in our everyday living. In our marriages, all the good moments can slip past our awareness when we focus instead on those that are annoying. What if you took time at the end of each day to review the day with eyes of gratitude instead of discontent? You would find that you can be thankful for so many things, for example: a spouse to share your home with, to share parenting with, to make you coffee or dinner, to the shared glance, smile or kiss that day. And there is more: a person who shares your values, who supports your faith, someone who is a forever friend. When we focus on gratitude, our relationship has a different look and feel and both spouse's benefit! *Courtesy of Teresa Hartnett, Family Ministry Office, Hamilton, ON*



## CATHOLIC NETFLIX !!

Forming Catholics for Life. - lots of Lenten resources for all ages

Parishioners get **FREE** 24/7 access to **FORMED** - a library of Catholic videos, Bible studies, and audio talks. *Sign up today and deepen your faith!*

Go to [formed.org](http://formed.org) and search St. Alphonsus Liguori.

Sign up with your email and you are registered.

## END OF LIFE SEMINAR—FINAL PLANS:

Two more evenings at Immaculate Conception Church

• **Feb. 4th – Fr. Tom Lynch**, Moral Theologian on Medical Assistance in Dying (MAID)

• **Feb. 11th – Sean Dunlop**, Diocese of Peterborough Diaconate program on Estate Planning and Finance

These presentations will be held from **7:00 to 8:00 p.m.**, with light refreshments being served in advance at the back of the church, at 6:45 p.m. Admission is free.



## THANK YOU FOR HELPING TO KEEP YOUR PARISH THRIVING! Ways to give:

- **Pre-authorized giving** - forms available on the website or in the parish office
- **E-transfer** - to [office@stalphonsus.net](mailto:office@stalphonsus.net). Please put what funds are for in comment section. No security question
- **Giving online** - give a one-time or scheduled ongoing donations using your credit/debit card. Go to <https://www.canadahelps.org/en/dn/36768>
- **Offertory envelopes** - for a box of traditional envelopes, please contact the office or pick up a box in the Narthex. Make sure to put your name and address on the first few.

**"The saints did not all begin well, but they ended well." St. John Vianney**

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