



St. Alphonsus Liguori

Catholic Church, Peterborough

THE LOOP

MASS TIMES

Saturday

4:00PM

Sunday

9:00AM, 11:00AM

Monday to Thursday 6:00PM

(Tuesday evening Mass followed by
Our Mother of Perpetual Help Novena)

Friday 9:00AM

CONFESSIONS

Tuesdays 5:15 - 5:45PM

Saturdays 3:00 - 3:45PM

First Friday 9:30 - 10:30AM (during Adoration)

OFFICE HOURS

Monday - Thursday

10AM - 12Noon, 1 - 3PM

BAPTISMS AND MARRIAGE

Contact the parish office

EUCCHARISTIC ADORATION

One hour following First Friday Mass in Church

Blessed Sacrament Chapel

open Monday to Friday 9:00AM - 9:00PM

Call Mary Ellen, 705-917-1637

to schedule a weekly commitment

Call Renata, 905-321-3384

if unable to find substitute

 /StAlphonsusChurch

 @StAlphonsusPtbo

PASTORAL TEAM

Fr. Simmy Joseph, CMI

Pastor

Ext 201 fr.simmy@stalphonsus.net

Fr. Jithin Jose, CMI

Associate Pastor

Ext 202 fr.jithin@stalphonsus.net

Deacon Edmund Scott

DcnEdmundScott@peterboroughdiocese.org

Samantha Miller

Youth Minister

Ext 204 samantha@stalphonsus.net

Monica Lavoie

Lay Pastoral Assistant

Ext 203 monica@stalphonsus.net

Hanna Dracup

Administrative Assistant

Ext 200 office@stalphonsus.net

Andrea Manuel

Choir Director

705-872-2274 andrea_manuel@bell.net

DIOCESAN WEBSITE

www.peterboroughdiocese.org

Most Reverend Bishop Daniel Miehm

SCHOOLS

St. Alphonsus Elementary 705-742-0594

St. Catherine Elementary 705-742-6109

Holy Cross Secondary 705-748-6664

1066 Western Ave., Peterborough, ON K9J 5W6 | Phone 705-745-8623

Website: www.stalphonsus.net | Email: office@stalphonsus.net

February 4, 2024

Fifth Sunday in Ordinary Time

MASS INTENTIONS

MASS SCHEDULE

MONDAY, FEBRUARY 5

6:00PM Special Intentions of Parishioner & Family

TUESDAY, FEBRUARY 6

6:00PM † Fr. Allan Hood

WEDNESDAY, FEBRUARY 7

6:00PM † John Scigliano

THURSDAY, FEBRUARY 8

6:00PM Special Intentions of
Jan and Barbara Rylski

FRIDAY, FEBRUARY 9

9:00AM † Pauline Fanning and Deceased
Family Members

WEEKEND MASS

SATURDAY, FEBRUARY 10

4:00PM Special Intentions of
Jessie Adam-Stewart

SUNDAY, FEBRUARY 11

9:00AM † Missa Pro Populo (for the people)

** The 11:00AM Sunday Mass is streamed LIVE on our YouTube channel and is available on-demand afterwards.**

WELCOME!

St. Alphonsus Liguori Parish is a movement that exists to carry out the mission of Jesus Christ, to make disciples of all nations. As Roman Catholics, we seek to honour our faith tradition by authentically and creatively presenting it to our community in Peterborough. We are thrilled you have come.

PLEASE REGISTER with the PARISH

Every weekend we see new faces at Mass. St. Alphonsus Liguori Parish welcomes those who have moved into the parish and those who may be returning to the practice of their faith. You are important to us. Please register with the parish by stopping by the Welcome Desk before or after any weekend Mass for a registration form or visit stalphonsus.net/become-member/.

TAX RECEIPTS

2023 tax receipts are ready for pick-up. They will be available at the Welcome Desk at Mass times for this and next weekend and in the parish office during the week. After February 15th, remaining receipts will be mailed out. Thank you for picking up to save your parish postage.

LIGUORI YOUTH

Start coming any time and have an awesome time!

High Schoolers gather **Tuesday evenings** 6:30 -8:00pm in the Redemptorist Room next to the parish office.

Middle Schoolers, grades 5-8, come **Thursday evenings** 6:30 - 8:00pm in the Parish Hall.

ASH WEDNESDAY

Mass with Imposition of Ashes
at St. Alphonsus Liguori

9:00am

9:30am (at Holy Cross S.S.)

12:15pm (with St. Alphonsus School)

1:30pm (at St. Catherine School)

6:00pm



STATIONS OF THE CROSS

Every Friday evening at 6:00pm during Lent, you are welcome to come and participate as we pray through the final hours of Christ on His way to Calvary. There will be an opportunity for confessions afterwards.

19 things you might consider giving up this Lent beyond chocolate:

Fear: God is on my side. In Him I am more than a conqueror. (See Romans 98)

The need to please everyone: I can't please everyone anyway. There is only one I need to strive to please.

Envy: I am blessed. My value is not found in my possessions, but in my relationship with my Heavenly Father.

Impatience: God's timing is the perfect timing.

Sense of entitlement: The world does not owe me anything. God does not owe me anything. I live in humility and grace.

Bitterness and Resentment: The only person I am hurting by holding onto these is myself.

Blame: I am not going to pass the buck. I will take responsibility for my actions.

Gossip and Negativity: I will put the best construction on everything when it comes to other people. I will also minimize my contact with people who are negative and toxic and bring other people down.

Comparison: I have my own unique contribution to make and there is no one else like me.

Fear of failure: You don't succeed without experiencing failure. Just make sure you fall forward.

A spirit of poverty: Believe with God that there is always more than enough and never a lack.

Feelings of unworthiness: You are fearfully and wonderfully made by your creator. (See Psalm 139)

Doubt: Believe God has a plan for you that is beyond anything you could imagine. The future is brighter than you could ever realize.

Self-pity: God comforts us in our sorrow so that we can comfort others with the comfort we ourselves have received from God.

Retirement: As long as you are still breathing, you are here for a reason. You have a purpose to influence others for Christ. That does not come to an end until the day we die.

Excuses: A wise man once said, if you need an excuse, any excuse will do.

Lack of counsel: Wise decisions are rarely made in a vacuum.

Pride: Blessed are the humble.

Worry: God is in control and worrying will not help.



Please join us this **Tuesday, February 6th beginning with Mass at 10am** and then over to the hall for some social time. Food provided by St. Alphonsus CWL. No need to RSVP.

ALPHA - Begins February 13th

Sign up or learn more stalphonsus.net/alpha_stalphonsus/
Still have questions? ask monica@stalphonsus.net



Special collection next weekend, **February 10th/11th**. Help children less fortunate have a fun wilderness camping experience. High school

students can also get life-learning counselling experience. Info: Randy Riel 705-872-743/ campnorthernlights.com. Envelopes at the doors. Thank you for your generous support.

LENTEN RETREAT

The **Knights of Columbus** are hosting a Lenten retreat for men of our parish **Saturday, February 10th, 10am-3pm at La Verna** (820 Frank St.)

Led by **Br. Stephen and Br. Alan**. If more than 12 participants, it will be in the Redemptorist Room beside the church office. The theme is **Exploring Forgiveness and God's Infinite Mercy**. Presentation, discussion and quiet reflection time will be offered, with confession also available. Cost is \$10/person which covers Pita Pit lunch. To register, please email ryangbrooks25@gmail.com or text Ryan at (705) 991-1977.



LA VERNA MINISTRIES

Lenten Retreat: Forgiveness. February 17 or March 9 at La Verna, 10-3:30pm, \$30.00 and pre-registration is required at laverna@capuchins.ca. Check facebook.com/capuchins.ca

SHROVE TUESDAY

February 13, 4:30-6:30pm, St. Anne Parish Hall. Delicious meal of Pancakes, Sausages, Beans, Desserts, Tea/Coffee & Juice. Tickets \$8/person, \$6 for 5-12 years, under 4 free. Family rate of \$25.00 for 2 adults and 2 children. Sponsored by St. Anne's KofC and Women's Group.

LIFT JESUS HIGHER RALLY - Saturday, March 2

"Take Heart: By His wounds we are healed" 9am-5:30pm Metro Toronto Convention Centre Adults \$30, Youth \$15 Visit www.LJHR.CA

DIOCESAN ANNOUNCEMENT

Most Reverend Bishop Miehm is pleased to announce the appointment of **JACK GILLAN** to the position of Refugee Sponsorship Coordinator for the Roman Catholic Diocese of Peterborough, effective January 29, 2024.

THANK YOU FOR YOUR SACRIFICIAL GIVING

"How could I wear a crown of gold when my Lord wears a crown of thorns and he wears it for me?"

- St. Elizabeth of Hungary

Thank you for supporting your parish.

We have several ways to give:

- **Electronic Giving:** Pre-Authorized forms available on the website or in the parish office.
- **E-Transfer:** send to email address office@stalphonsus.net. Please put what funds are for in comment section.
- **Giving online:** Give a one-time or scheduled ongoing donations using your credit card. Go to <https://www.canadahelps.org/give>
- **Text-to-donate:** Text the word: **give** to **(833) 965-2707** to get set up for text giving.
- **Contribution Envelopes:** For a box of traditional envelopes, please contact the office and we'll get a box ready for you.

MEETINGS/GATHERINGS

Gospel Reflection: 9:30am every Friday (except 1st one)
Adoration: 1st Friday of month, 9:30am, Church (1 hour)
SVDP: 2nd Tuesday, 2:00pm, Redemptorist Room
CWL: 2nd Wednesday, 6:45pm, Parish Hall
Divine Mercy: 3rd Tuesday, 2:30pm, Church
K of C: 3rd Wednesday, 7:00pm, Parish Hall
Family Adoration: 3rd Friday, 9:30am, Church (1 hour)

RESOURCES



Lots of movies, parish programs, e-books, Kid's programming and much more! Parish code: **MT9YZ7**

shalomworld.org

A family friendly, Catholic TV channel whose mission is to bring the peace of Christ to all nations.



24 hour broadcasting with Catholic Liturgy, Catholic Doctrine, Human growth and Social Promotion.

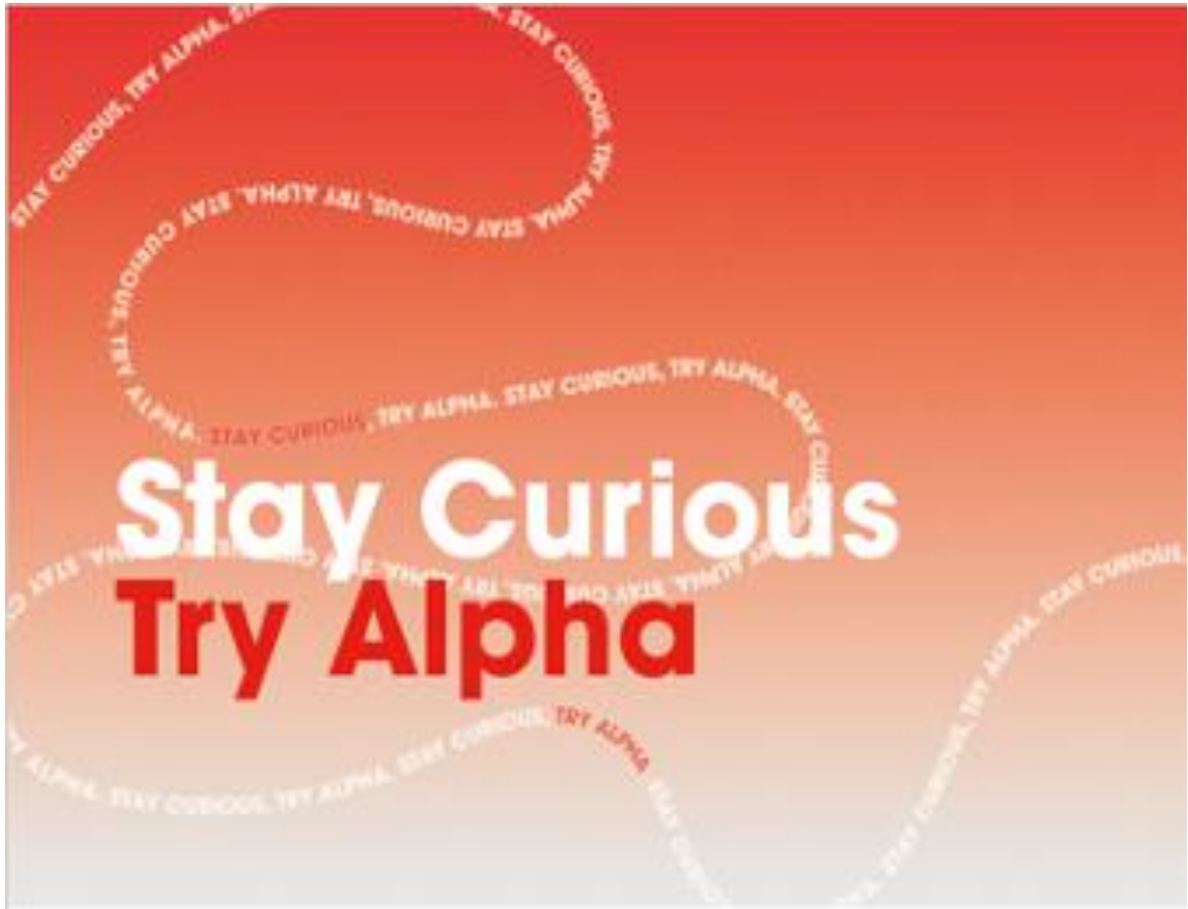
Join on Amazon echo "Alexa! Play Radio Maria Canada". Participate in daily 12:30 Mass on Youtube and Facebook.

Hallow

The #1 Catholic app worldwide visit hallow.com/pray for 1,000 prayer sessions available for free and over 10,000 audio-guided sessions in an upgraded premium subscription.

ADORATION CHAPEL

Can you spend an hour? Come spend some quiet time with the Lord in our Eucharistic Adoration Chapel between the office and garage at back of church. It is open Monday to Friday, 9:00am to 9:00pm with 4 chairs and a kneeler and lots of resources for reading - or bring your own.



Curious about faith?

Join a series of group conversations that freely explore the basics of the Christian faith in an open, friendly environment.

Everyone's welcome. You're invited, no matter your background or beliefs. It's free and there's no pressure to come back.

**Every Tuesday, starting February 13th
From 6:30-8:30pm in St. Alphonsus Parish Hall
Register at stalphonsus.net or for more info
email monica@stalphonsus.net**



PRAY EVERY DAY THIS

LENT

St Alphonsus has again partnered with Hallow to encourage all parishioners to surrender and trust in the Lord in a new, deeper way throughout Lent. Hallow is a Catholic prayer and meditation app that helps us strengthen our relationship with God through a habit of daily prayer.

Join us this Lent, as a part of the Hallow Pray40 Challenge, we'll walk through the life-changing, spiritual classic *He Leadeth Me*, written by Fr. Walter Ciszek, S.J. a Jesuit priest and missionary, who was imprisoned for over twenty years in the Soviet Union. Fr. Walter underwent a profound spiritual journey. Inspired by Fr. Walter's writing, we'll spend time each day prayerfully seeking a refreshed humility and hope in Christ, who laid down His life for us, as we journey through Lent.

"The resources on this app draw me to reorient my attention to the face of God and the voice of Christ."

FR. JOSH JOHNSON, Author and Podcast Host

"The Hallow app has given me structure, focus, and encouragement in my prayer life in a time when I need it most. What a gift it is to be praying with hundreds of thousands of people all over the world through this app."

EMILY WILSON, Author and Motivational Speaker

Hallow

Saint Vincent de Paul Food Pantry



We are grateful for your non-perishable food donations which can be dropped off in the Holy Family Room just inside the main door of the church.

There are so many in need who appreciate the help they receive.



Indigenous Reconciliation Fund

Are you **First Nation, Métis, or Inuit?**

Do you have a **project** in one or more of these areas:

Healing for communities and families,

Culture and language revitalization;

Knowledge-sharing, heritage & traditions and community building;
and/or

Dialogues for promoting Indigenous spirituality and culture?



Applications open
February 1st to
March 21st for Round 2

www.peterboroughdiocese.org/IRF

Meet your Guardian Agent*

Confidential FREE
MARKET EVALUATION/
CONSULTATION
705-768-7788



Royal LePage.
It's that simple.®



Sylvia James
Sales Representative/"REALTOR"
705-768-7788

Looking to buy Military Items

Medals, Helmets
Uniforms, Photos
for Teaching/Collecting

Call / Text Beau
★ 705 761-3963
beau.harper@sympatico.ca



1500 Yankee Line
Ennismore (just
over the causeway)

705-292-0292
Sean & Joy ★

Place Deliveries and Take
Out orders online!
Visit <http://sippindip.ca>
and select the 'view menu'
section to place an order!

Please support our Advertisers
★ are parishioners

Like to advertise?
office@stalphonsus.net



Sean & Joy ★
898 Monaghan Rd.
Peterborough, ON K9J 5K4
Call (705)874-5299



Sean & Joy ★
for Pick up & Delivery
1080 Lansdowne St. W.
Peterborough, ON K9J 1Z9
Call (705)749-1111

~ STEPHEN P. KYLIE,
B.Sc., LL.B. ~
BARRISTER, SOLICITOR
& NOTARY PUBLIC ★

General Practice Including:
Real Estate Law, Will & Estates,
Corporate & Business Law
206 Aylmer St. N., Box 1900
Peterborough, ON K9J 7X7
Tel: 705-748-6521
Fax: 705-748-2138
skylie@kylielawoffice.ca



Ed Burke, Joe Farace
Funeral Directors
2510 Bensfort Rd.
Peterborough
705 745 6984



The MOST important natural health
product you will ever use.



FOR BETTER BRAIN HEALTH

Dr Jim McCallum
www.immunotec.com/drjim
Jim@doctorjim.net ★



Helping You is What We Do
Call us Today:
705.748.4056
www.thegalvinteam.com



St. Peter's Cemetery

Non-Profit Organization
870 High St.
Peterborough, ON
705-742-9951
stpeterscemetery@bellnet.ca



705.931.2227
cbltreeservice.ca

TREE CARE • TREE REMOVAL • LOT CLEARING

Duffus

Funeral Home Limited
Independent Family
Owned &
Operated Since 1931

431 George St. S.
Peterborough, ON
705-745-4612

www.duffusfuneralhome.com



NISBETT
FUNERAL HOME
Arbor Memorial Inc.

TIM ENGLISH
Manager
(705) 745-3211

600 Monaghan Rd. S.
Peterborough, Ontario K9J 5H9
www.nisbettfuneralhome.com

Serving the Community for over a Century